## The Eucharist Questions Part II

1.	What does St. Paul see as the source of his confidence?
2.	What does St. Paul say we will obtain at the "throne of grace"?
3.	If we unite ourselves to the Mass and receive Communion, what are we saying to God that we would like to be?
4.	We participate in the Redemption by as much as we link ourselves with Jesus's sacrifice
	(Immolation) by oursacrifice.
	At Mass the priest prays "through Him, with Him, and in Him, in the unity of the Holy
	Spirit When we say "Amen", we need to offer what
•	in union with Jesus crucified?
6.	What does the eating of the Body and Blood of Christ cause?
7. un	Jesus told us to be perfect as our heavenly Father is perfect. How can we do this? (not derlined)
8.	Do we receive Communion only to help ourselves? <u>Explain</u>

## Spiritual Communion

This prayer can be said when we cannot receive Jesus in Communion that day.

My Jesus, I believe that you are present in the most holy Eucharist. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.